

Washington Club Aqua

Therapy Pool Schedule

April 15, 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
7:00am		Aquacise		Aquacise		7:00am	
8:00am	Therapeutic Fitness	Aquacise	Therapeutic Fitness	Aquacise	Therapeutic Fitness	8:00am	
9:00am	Therapeutic Fitness	Deep Water Running (in the lap pool)	Warm Water Challenge	Deep Water Running (in the lap pool)	Therapeutic Fitness	9:00am	Aquacise
10:00am	Aquacise	Intermediate Aquacise	Deep Water Challenge (in the lap pool)	Intermediate Aquacise		10:00am	
11:00am						11:00am	
12:00pm		Therapeutic Fitness		Therapeutic Fitness		 <p>Razor Sharp Washington 7300 Washington Ave. Racine, WI 53402 262.321.0200</p>	
1:30pm							
3:25pm	Aqua Fit			Aqua Fit			
5:00pm							

Therapy pool is open swim outside of class times.

Washington Club Aqua

Lap Pool Schedule

Effective April 15, 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
7:00am						7:00am	
8:00am						8:00am	
9:00am		Deep Water Running (two lanes in lap pool)		Deep Water Running (two lanes in lap pool)		9:00am	
10:00am	Aquacise (one lane in the lap pool)		Deep Water Challenge (two lanes in lap pool)			10:00am	
11:00am						11:00am	
12:00pm						 <p>Razor Sharp Washington 7300 Washington Ave. Racine, WI 53406 262.321.0200</p>	
1:30pm							
3:15pm							
5:00pm							