

# Erie St Sharp Fitness

## Group Exercise Studio

Effective February 4, 2019

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
5:30am						5:30am	
8:15am	<b>Silver Sneakers</b>	<b>Silver Sneakers</b>	<b>Silver Sneakers</b>	<b>Silver Sneakers</b>	<b>Silver Sneakers</b>	7:30am	
9:05am						8:35am	
9:30am						9:30am	
10:05am	<small>Beginner</small> 				<small>Beginner</small> 	10:05am	
12:00pm							
12:35pm							
4:00pm							
5:05pm							
6:05pm						3900 Erie Street Racine WI 53402 262.456.1700	

\* Silver Sneaker classes are 45 minutes. Beginner Yoga and R30 are 30 minutes. The remaining classes are roughly 55 minutes in duration.