
























Washington Razor Sharp Fitness

Gallery Studio Group Exercise Schedule

Effective October 1 2018























Starting Time	Monday	Tuesday	Wednesday	Thursday	Friday	Starting Time	Saturday
5:30am						5:30am	
7:00am	Silver Fitness		Silver Fitness	Silver Fitness Stretch	Silver Fitness	7:30am	
8:00am						8:35am	
9:05am						9:05am	
10:10am							
11:15am	Silver Fitness		Silver Fitness		Silver Fitness		
12:30pm					Silver Sneakers		
1:30pm	Silver Fitness		Silver Fitness				
4:30pm							
5:35pm						7300 Washington Ave. Racine, WI 53406 262.321.0200	
6:40pm							

*Classes are roughly 55 minutes in duration except Silver Sneakers/Fitness and Silver Fitness Stretch, which are 45 minutes.

Washington Razor Sharp Fitness

Main Studio Group Exercise Schedule

Effective **October 1 2018**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
5:30am						7:30am	
8:00am						8:35am	
9:00am						9:35am	
10:10am						10:40am	
12:00pm						 7300 Washington Ave. Racine, WI 53406 262.321.0200	
5:00pm							
5:35pm							
6:05pm							

R30 classes are 30 minutes, Yoga is 45 minutes and all other classes are roughly 55 minutes in duration.