

# Washington Club

## Gallery Studio Group Exercise Schedule

Effective January 23 2017

























Starting Time	Monday	Tuesday	Wednesday	Thursday	Friday	Starting Time	Saturday
5:30am						5:30am	
7:00am	Silver Fitness	Silver Fitness Stretch	Silver Fitness	Silver Fitness Stretch	Silver Fitness	7:00am	
8:00am						8:00am	
9:05am						9:05am	
10:10am						10:10am	
11:15am	Silver Fitness		Silver Fitness		Silver Fitness	11:15am	
12:30pm					Silver Sneakers		
1:30pm	Silver Fitness		Silver Fitness				
5:30pm						Razor Sharp Washington: Gallery Studio 7300 Washington Ave. Racine, WI 53406 262.321.0200	
6:40pm							

\*Classes are roughly 55 minutes in duration except Silver Sneakers/Fitness and Silver Fitness Stretch, which are 45 minutes.

# Washington Club

## Main and Ride Studio Group Exercise Schedule

Effective January 23 2017

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
5:30am						5:30am	
8:00am						8:00am	
8:30am							
9:00am						9:00am	
9:35am						10:00am	
1:00pm						  &  Are in the Ride studio located next to the cardio deck.	
4:30pm							
5:00pm							
5:30pm						Razor Sharp Washington: Main Studio 7300 Washington Ave. Racine, WI 53406 262.321.0200	
6:00pm							

R30 classes are 30 minutes and all other classes are roughly 55 minutes in duration.