

# THERAPY POOL 2012 WINTER SCHEDULE ~ EFFECTIVE 1/30/12

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM	"Silversplash" (7:00-7:45) Arlene	Aquasize (7:00-7:45) Lynn	"Silversplash" (7:00-7:45) Arlene	Aquasize (7:00-7:45) Lynn	"Silversplash" (7:00-7:45) Arlene		
8:00 AM	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (8:00-8:45) Lynn	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (8:00-8:45) Lynn	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (9:00-9:45) Rotation	
9:00 AM	Therapeutic Fitness (9:00-9:45) Patricia	Intermediate Aquasize (9:00-9:45) Donna	Aquablast (9:00-10:00) Bobbie	Intermediate Aquasize (9:00-9:45) DeDe	Therapeutic Fitness (9:00-9:45) Patricia		
10:00 AM	Aqua Zumba (10:00-11:00) Ellen	Aquablast (10:00-11:00) Bobbie		Aquablast (10:00-11:00) Bobbie	Intermediate Aquasize (10:00-10:45) Jenny		
11:00 AM							
12:00 PM							
1:00 PM		Therapeutic Fitness (12:30-1:30) Dan		Therapeutic Fitness (12:30-1:30) Dan			
2:00 PM							
3:00 PM							
4:00 PM	Intermediate Aquasize (4:15-5:00) Susan	Aquablast (4:15-5:00) Bobbie		Intermediate Aquasize (4:15-5:00) Susan			
5:00 PM			Intermediate Aquasize (5:30-6:15) DeDe				
6:00 PM	Aqua Tai Chi (5:30-6:15) Donna	Intermediate Aquasize (5:30-6:15) Jenny		Aquablast (5:15-6:00) Bobbie			
7:00 PM	Aqua Attack (6:30-7:15) Donna		Aqua Attack (6:30-7:15) Donna				
8:00 PM							
9:00 PM							



**\* SCHEDULE SUBJECT TO CHANGE DEPENDING UPON CLASS ATTENDANCE AND INSTRUCTOR AVAILABILITY.**



