

THERAPY POOL SCHEDULE BEGINS 9/7/10

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM	"Siltersplash" (7:00-7:45) Arlene	Aquasize (7:00-7:45) Lynn	"Siltersplash" (7:00-7:45) Arlene	Aquasize (7:00-7:45) Lynn	"Siltersplash" (7:00-7:45) Arlene		
8:00 AM	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (8:00-8:45) Lynn	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (8:00-8:45) Lynn	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (9:00-9:45) Susan / Bobbie / Lynn / DeDe	
9:00 AM	Therapeutic Fitness (9:00-9:45) Patricia	Intermediate Aquasize (9:00-9:45) Deb	Aquablast (9:00-9:45) Bobbie	Intermediate Aquasize (9:00-9:45) DeDe	Therapeutic Fitness (9:00-9:45) Patricia		
10:00 AM	Aqua Zumba (10:00-11:00) Ellen	Aquablast (10:00-10:45) Bobbie	Aqua Bootcamp (10:00-10:45)am Amanda LAP POOL	Aquablast (10:00-10:45) Bobbie	Intermediate Aquasize (10:00-10:45) Jenny		
11:00 AM							
12:00 PM							
1:00 PM		Therapeutic Fitness (12:30-1:30) Dan		Therapeutic Fitness (12:30-1:30) Dan			
2:00 PM	CLOSED FOR AURORA (2:00-4:00)	CLOSED FOR AURORA (2:00-4:00) Begins Sept. 28th		CLOSED FOR AURORA (2:00-4:00) Begins Sept. 30th			
3:00 PM							
4:00 PM	Intermediate Aquasize (4:15-5:00) Susan						
5:00 PM		Intermediate Aquasize (5:30-6:15) Jenny	Intermediate Aquasize (5:30-6:15) DeDe	Intermediate Aquasize (5:30-6:15) Susan			
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							

*** SCHEDULE SUBJECT TO CHANGE DEPENDING UPON CLASS ATTENDANCE AND INSTRUCTOR AVAILABILITY.**