

THERAPY POOL SCHEDULE EFFECTIVE 11/3/08

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM		Aquasize (7:00-7:45) Lynn		Aquasize (7:00-7:45) Lynn			
8:00 AM	Therapeutic Fitness (8:00-8:45) Patricia	Aquasize (8:00-8:45) Deb/Lynn	Aquasize (8:00-8:45) Arlene	Aquasize (8:00-8:45) Deb/Lynn	Therapeutic Fitness (8:00-8:45) Patricia		
9:00 AM	Aquadance (9:00-9:45) Jeanne	Intermediate Aquasize (9:00-9:45) Suzanne	Therapeutic Fitness (9:00-9:45) Patricia	Intermediate Aquasize (9:00-9:45) Suzanne	Aquadance (9:00-9:45) Jeanne	Aquasize (9:00-9:45) Jeanne/Holly/Susan	
10:00 AM	Aquadance (10:00-10:45) Jeanne				Aquadance (10:00-10:45) Jeanne	Deep Water Aquasize (10:00-10:45) Holly/Amanda LAP POOL	
11:00 AM							
12:00 PM							
1:00 PM		Therapeutic Fitness (12:30-1:30) Dan		Therapeutic Fitness (12:30-1:30) Dan			
2:00 PM	CLOSED FOR AURORA (2:00-4:00)		CLOSED FOR AURORA (2:00-4:00)				
3:00 PM							
4:00 PM	Intermediate Aquasize (4:00-4:45) Susan						
5:00 PM		Intermediate Aquasize (5:15-6:00) Suzanne	Intermediate Aquasize (5:00-5:45) Tiffany				
6:00 PM	Aqua Bootcamp (5:15-6:00)pm Amanda LAP POOL			Intermediate Aquasize (5:30-6:15) Susan			
7:00 PM			Aqua Bootcamp (6:30-7:30)pm Amanda LAP POOL				
8:00 PM							
9:00 PM							

*** SCHEDULE SUBJECT TO CHANGE DEPENDING UPON CLASS ATTENDANCE AND INSTRUCTOR AVAILABILITY.**

* If attending Deep Water Aquasize on Saturday's you need to sign-up in advance at the front desk.
There is a 3 participant minimum to hold this class. Thank You