

# MASTER'S SWIMMING

**New Session Beginning January 16<sup>th</sup> (12 week session)**



## **Class Times/Options:**

- Monday, Wednesday & Friday mornings from 5:30-7:00a.m.
  - Monday afternoons from 11:30am-1:00pm
  - Tuesday evenings from 6:00-7:30p.m.
  - Saturday morning from 7:30-9:00a.m
- \* Minimum number of 4 participants in each class \***

## **Class Cost/Options:**

- 1 class a week for members (12 classes total) is \$72.00
- 1 class a week for non-members (12 classes total) is \$132.00
- 2 classes a week for members (24 classes total) is \$144.00
- 2 classes a week for non-members (24 classes total) is \$240.00
- 3 classes a week for members (36 classes total) is \$216.00
- 3 classes a week for non-members (36 classes total) is \$324.00

## **Participants:**

- Open to all **Members & Non-members** 18 and older.

## **Philosophy:**

The philosophy of the Razor Sharp Masters Swimming Program is to provide fun, fitness, and optional friendly competition in a positive environment of athletic encouragement.

We welcome anyone (at least 18-years old) who wants to improve his or her swimming, regardless of your previous swimming experience. Swimmers are assigned to lanes with others of similar ability, and workouts are adjusted according to the experience and ability of swimmers in each lane. Our swimmers come in all age groups, and include:

- Former high school, college, or masters competitive swimmers
- Experienced tri-athletes and open-water swimmers
- Entry-level tri-athletes
- Adult fitness swimmers with no previous swim team experience

If you are just beginning to swim or have been out of the water for a long time, please check with the coach for recommendations on the appropriate way to get started. The only requirement is that each swimmer participates willingly and show respect for coaches and teammates.

**\*FOR MORE INFORMATION PLEASE CONTACT DAN NEUMANN AT [dneumann@razorsharpfit.com](mailto:dneumann@razorsharpfit.com) OR AT (262) 321-0200\***

